3rd Degree Advancement Essay:

How I’ve improved my Marines and unit, using the three disciplines

Rank First Name MI Last Name

Current Unit

**Introduction**

The Marine will introduce the ways in which they have improved their Marines and unit using the three disciplines, which will be discussed throughout the essay. The essay will be a minimum of 3000 words using APA format. References may be used, but are not required.

**Body**

The Marine will write a report detailing what you have done to improve your Marines and unit, using the three disciplines.

**Conclusion**

The Marine will conclude by tying the three disciplines together to form the synergy. They will also explain how it enhances the warrior ethos and warrior culture**.**