ARTILLERY MOS-SPECIFIC PHYSICAL STANDARDS ASSESSMENT CHECKLIST

UNIT:
DATE:
EVENT: <u>GROUND CASUALTY EVACUATION</u> MOSs: 0802, 0811, 0842, 0844, 0847, 0861 T&R EVENT(s): 0300-MED-1001, Performance Step 1
CONDITION: Given a casualty, while wearing a fighting load and carrying a service rifle, conduct the functional movements to simulate evacuating a ground casualty while receiving fire.
STANDARD: Beginning in a prone firing position, when given the command, sprint 25 meters to simulated casualty weighing 214 pounds (165 lb. casualty, 40 lb. weight vest, and 9 lb. modular tactical vest), and evacuate casualty 25 meters in 54 seconds or less with minimal interruption to the mission.
EVENT COMPONENTS:
1. Did the instructor ensure the appropriate distance of 25 meters was measured prior to conducting the event? (NAVMC 3500.7B Ch 1, Append E, par 6e(1), pg E-6; NAVMC 3500.44C, Append F, par 6b(1), pg F-4) YES NO
2. Did the instructor ensure that all equipment required to conduct the event was serviceable and within standards prior to the evolution? Did the instructor ensure the simulated casualty was set up with appropriate equipment and proper configuration? (NAVMC 3500.7B Ch 1, Append E, par 6e, pg E-6; NAVMC 3500.44C, Append F, par 6b (4), pg F-4) YES NO
3. Did the instructor properly explain and demonstrate the standard for the event prior to evaluating students? (NAVMC 3500.7B Ch 1, Append E, par 6e, pg E-6; NAVMC 3500.44C, Append F, par 6b, pg F-4,5) YES NO

4. Did the instructor ensure that all participating students were the appropriate fighting lo (49 to 59.88 pounds) of the total weight (54.35 pounds)? (NAVMC 3500.7B Ch 1, Apper E-2; NAVMC 3500.44C, Append F, par 5a, pg F-2,3) YES NO	
5. Did the instructor properly evaluate each student, record students' performance, and do afford remedial opportunities within the remainder of the training schedule? (NAVMC 3 Append E, par 6e, pg E-6; Training Command Implementation Letter DTG 29 SEP 15) YES NO	

EVENT: MK-19 LIFT

MOSs: 0802, 0811, 0842, 0844, 0847, 0861

T&R EVENT(s): 0300-TVEH-1001, Performance Step 1

CONDITION: Given a requirement to load or unload a tactical vehicle with weapons conduct the functional movement similar to a clean and press to simulate required movements associated with weapon's mounting upon a tactical vehicle.

STANDARD: Perform a single lift of a mock-up MK19 from ground to overhead, wherein the elbows momentarily lock out.

EVENT COMPONENTS:

le and within VMC 3500.44C.
valuating nd F, par 6a, pg
scent motion of 44C, Append
nd, within 10% par 5a, pg F-
es unit SOP 00.7B Ch 1,

EVENT: VEHICLE CASUALTY EVACUATION

MOSs: 0802, 0811, 0842, 0844, 0847, 0861

T&R EVENT(s): 0811-MED-1030, Performance Step 4

CONDITION: Given a tactical vehicle, associated equipment, and crew, conduct the functional movement similar to a clean and press to simulate lifting a casualty into the bed of MTVR.

STANDARD: With a 45 lb barbell and (2) 35 lb weights, perform a single ground to overhead lift of 115lbs wherein the elbows are momentarily locked out.

EVENT COMPONENTS:

1. Did the instructor ensure that all equipment required to conduct the event was servicea standards prior to the evolution? (NAVMC 3500.7B Ch 1, Append E, par 6c(4), pg E-5) YES NO	ble and within
2. Did the instructor properly explain and demonstrate the standard for the event prior to students? (NAVMC 3500.7B Ch 1, Append E, par 6c, pg E-5) YES NO	evaluating
3. Did the instructor ensure that all participating students wore the appropriate utility universely (NAVMC 3500.7B Ch 1, Append E, par 5(b), pg E-3) YES NO	form with blouse
4. Did the instructor properly observe momentary lock out of the elbows and a controlled motion? (NAVMC 3500.7B Ch 1, Append E, par 6c(5), pg E-6) YES NO	descending
5. Did the instructor properly evaluate each student, record students' performance, and de afford remedial opportunities within the remainder of the training schedule? (NAVMC 3 Append E, par 6c, pg E-5; Training Command Implementation Letter DTG 29 SEP 15) YES NO	

EVENT: LOAD ARTILLERY ROUNDS

MOSs: 0802, 0811

T&R EVENT(s): 0811-GUNS-1014, Performance Step 2

CONDITION: Given a field ammunition storage point, M777A2 Lightweight Howitzer, and projectiles conduct functional movements to simulate loading projectiles onto a loading tray.

STANDARD: Lift, carry for 5 meters, and load the 155mm projectile onto the M777A2 loading tray. Repeat five times within 1 minute, 15 seconds.

EVENT COMPONENTS: 1. Did the instructor ensure the appropriate distance of 5 meters was measured prior to conduevent? (NAVMC 3500.7B Ch 1, Append E, par 6a(3), pg E-4) YES NO	acting the
2. Did the instructor ensure that all equipment required to conduct the event was serviceable standards prior to the evolution? (NAVMC 3500.7B Ch 1, Append E, par 6a(4), pg E-4) YES NO	and within
3. Did the instructor properly explain and demonstrate the standard for the event prior to eval students? (NAVMC 3500.7B Ch 1, Append E, par 6a, pg E-4) YES NO	luating
4. Did the instructor ensure that all students wore the appropriate crew uniform with personal equipment? (NAVMC 3500.7B Ch 1, Append E, Table E-1, pg E-3) YES NO	l protective
5. Did the instructor observe each Marine utilize a proper controlled carry to transport the pro (NAVMC 3500.7B Ch 1, Append E, par 6a(5), pg E-4) YES NO	ojectile?

6. Did the instructor properly evaluate each student, record students' performance, and does unit SOP
afford remedial opportunities within the remainder of the training schedule? (NAVMC 3500.7B Ch 1,
Append E, par 6a, pg E-4; Training Command Implementation Letter DTG 29 SEP 15)
YES NO

EVENT: CARRY ARTILLERY ROUNDS

MOSs: 0802, 0811

T&R EVENT(s): 0811-GUNS-1021

CONDITION: Given a field ammunition storage point, an ammunition vehicle (MTVR) and projectiles, conduct the functional movement similar to a clean and press to simulate the lift of a 155 mm projectile into the bed of an MTVR.

STANDARD: Lift, carry for 50 meters, and press the projectile onto the MTVR bed. Repeat five times within 4 minutes, 56 seconds.

1. Did the instructor ensure the appropriate distance of 50 meters was measured prior to con event? (NAVMC 3500.7B Ch 1, Append E, par 6b(3), pg E-5) YES NO	nducting the
2. Did the instructor ensure that all equipment required to conduct the event was serviceable standards prior to the evolution? (NAVMC 3500.7B Ch 1, Append E, par 6b(4), pg E-5) YES NO	e and within
3. Did the instructor properly explain and demonstrate the standard for the event prior to evastudents? (NAVMC 3500.7B Ch 1, Append E, par 6b, pg E-5) YES NO	aluating
4. Did the instructor ensure that all participating students wore the appropriate crew uniform personal protective equipment? (NAVMC 3500.7B Ch 1, Append E, Table E-1, pg E-3) YES NO	n with
5. Did the instructor ensure each Marine utilized a proper controlled lift, carry, and press the dummy rounds? (NAVMC 3500.7B Ch 1, Append E, par 6b(5), pg E-5) YES NO	e (5) surrogate

6. Did the instructor properly evaluate each student, record students' performance, and does unit SOP afford remedial opportunities within the remainder of the training schedule? (NAVMC 3500.7B Ch 1,	
Append E, par 6b, pg E-5; Training Command Implementation Letter DTG 29 SEP 15) YES NO	