

TECOM FITNESS ROADSHOW

Interested in hearing about changes to the Marine Corps Physical Fitness Program?

What is the TECOM Fitness Roadshow?

-Specifically geared toward unit commanders, Enlisted Leaders, and Training Officers/ Chiefs. All others are welcome to attend as space permits.

-Get the most recent information on changes to the Physical Fitness Tests/ Combat Fitness Test and Body Composition Program.

-Learn about Force Fitness Instructors and what they can do for you.

-Ask questions about the new standards and Force Fitness Instructor Program.

-Workout with your Force Fitness Instructor Trainers.



Visit WWW.FITNESS.MARINES.MIL for updates

Morning and afternoon sessions coming to the following locations.*

Camp Pendleton	6-7 June
Miramar	8 June
Twentynine Palms	9 June
Camp Lejuene, New River	7-8 June
Cherry Point	9 June
Hawaii	8-9 June
Okinawa, Iwakuni	12-15 June
Beaufort	Tent 20 July
New Orleans	3 Aug

*Check local messaging (base newspaper, Semper Fit announcements) for exact times and locations.

