TECOM FITNESS ROADSHOW

Interested in hearing about changes to the Marine Corps Physical Fitness Program?

What is the TECOM Fitness Roadshow?

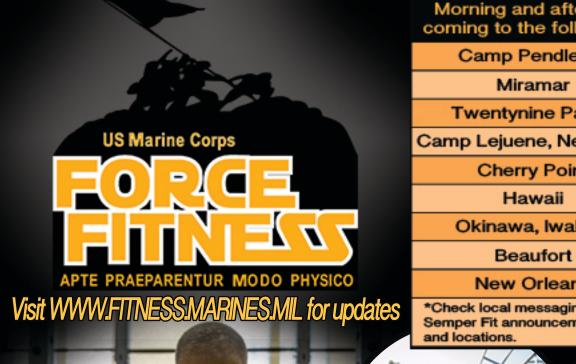
-Specifically geared toward unit commanders, Enlisted Leaders, and Training Officers/ Chiefs. All others are welcome to attend as space permits.

-Get the most recent information on changes to the Physical Fitness Tests/ Combat Fitness Test and Body Composition Program.

-Learn about Force Fitness Instructors and what they can do for you.

-Ask questions about the new standards and Force Fitness Instructor Program.

-Workout with your Force Fitness Instructor Trainers.



Morning and afternoon sessions coming to the following locations.*

6-7 June
8 June
9 June
7-8 June
9 June
8-9 June
12-15 June
Tent 20 July
3 Aug

*Check local messaging (base newspaper, Semper Fit announcements) for exact times