

## GUIDANCE FOR CONDUCTING MCMAP DURING COVID-19

### UNIT TRAINING

All risk decisions for implementing MCMAP during COVID or any similar situation fall to the Commanding Officer. Commanders are encouraged to consult their Medical Officer and make sure they are aware of the training to be conducted. Commanders are also encouraged to capture any mitigations taken inside of the risk assessment worksheets for MCMAP training.

The following are recommendations for COVID mitigation for units conducting MCMAP training:

- 1) Limit MCMAP training to inside the parent unit. Limit the personnel to “close contact cohorts” (CCC) or those Marines that will be in close proximity, as defined by CDC guidelines, through their daily duties. Examples could include roommates, a fire team, a squad, or a platoon. Marines should be assigned a training partner and the two remain paired for the duration of the training when possible. If any Marine in a CCC shows symptoms isolate the entire group and coordinate with a local medical authority for COVID screening.
- 2) Strictly enforce social distancing when practicing between cohorts. Approximately 10 feet separation between groups is suggested to allow for movement during practice. Marines should wear masks during sustainment and instruction portions of training. During free sparring or any physically exerting portion of training masks should not be worn. Training should only be conducted outside whenever possible to maximize space for distancing and minimize potential aerosol spread that could occur indoors.
- 3) MAI/Ts should wear masks throughout the training. Instructors should maintain social distancing at all times unless intervening in any situation that could become unsafe. MAI/Ts should not participate in free sparring events with students. A dedicated training partner for the instructor is highly encouraged during technique instruction and demonstration.
- 4) Disinfect all commonly used equipment in between each use and after training is complete each day. Training rifles, pistols, knives, and weapons of opportunity should be issued to the CCC when possible. On free sparring days disinfect all equipment before being used by another student. Gloves, masks, and eye protection should be worn while disinfecting to prevent cross contamination. Disinfecting chemicals and procedures should be in compliance with CDC guidelines.
- 5) Hygiene after each training session is very important. Proper hygiene includes washing all camouflage utilities worn during training that day and ensuring Marines are showering as soon as possible following training. To help facilitate these practices, MCMAP should occur first thing in the morning or as the last event of the day.
- 6) Commanders should also enforce COVID screening before each training session to identify Marines that may be sick. Appropriate screening can include temperature checks and questionnaires. It is encouraged if doing temperature checks, to conduct them in the morning each day.

These recommendations are not inclusive and do not eliminate the risk of transmitting COVID-19. MAI/Ts must obtain command approval prior to conducting MCMAP training.